

Tamarind Glazed Alaska Rockfish



Preparation Time: 0 minutes

Cook Time: 0 minutes

Servings: 10

Ingredients:

1/3 cup tamarind pulp or paste

1/3 cup cane syrup or corn syrup

1 1/2 Tbsp. orange zest

1 tsp. coriander, ground

2 Tbsp. parsley, chopped

10 Alaska Rockfish fillets (4-6 oz. portions)

Description:

1. Blend tamarind, syrup, zest and coriander in a bowl; stir in parsley.
2. Grill or sauté rockfish, glazing with syrup the last few minutes of cooking.

Suggested Side: Herb-Spiced Sweet Potato Fries